



the
RUNES

*A personal introduction to the Elder Futhark
Runes by WAU*

Women for Aryan Unity - WAU14.com

Welcome to our very personal look at the Elder Futhark,

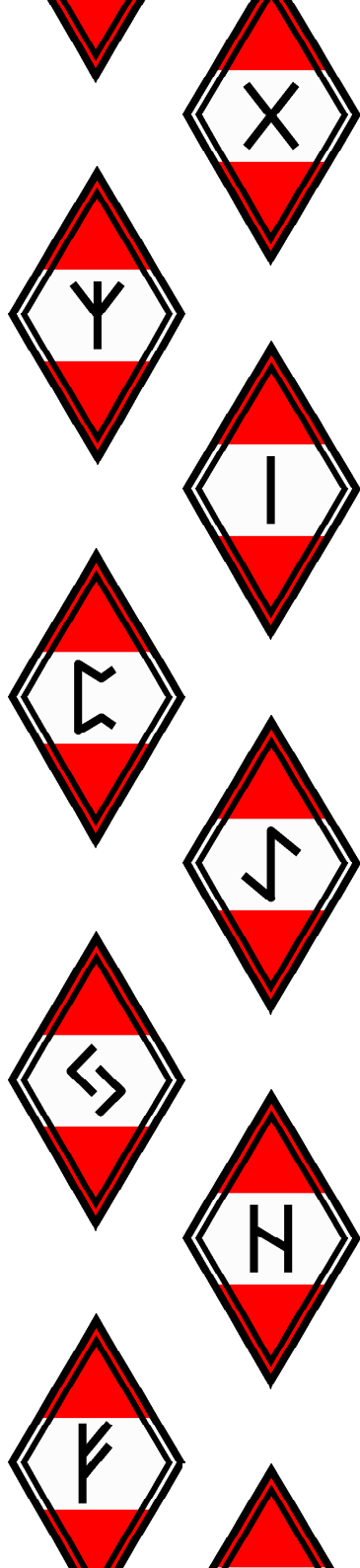


The Runes are broken into three sections or groups of eight, called aett (aettir, plural). This will help you to remember their order, and later, you will see their significance in magickal uses, this is how we interpret them when doing readings! In this booklet we will be featuring one Rune per page!

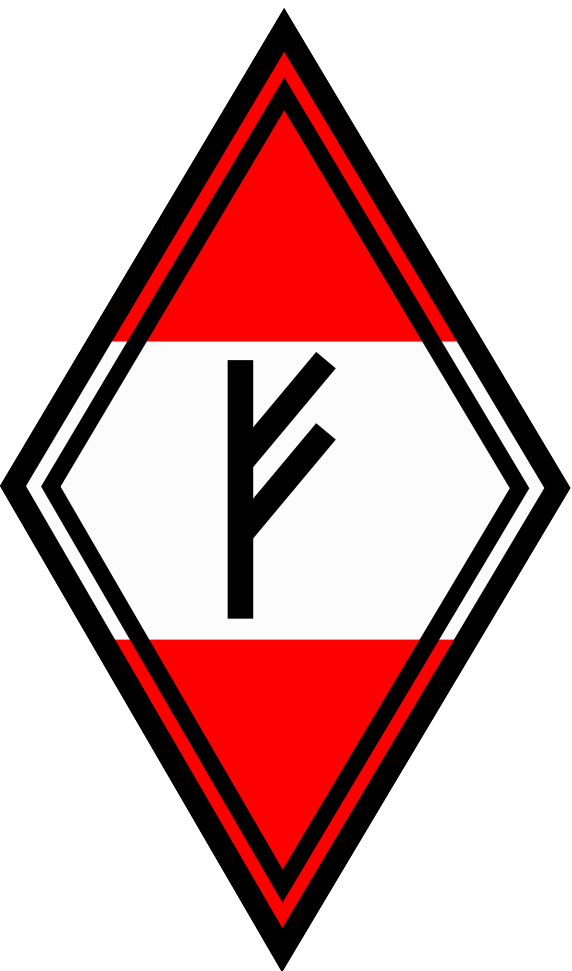
There are runes that we all have a huge pull towards, and there are runes that some of us are not comfortable with yet, but for some reason they keep on coming up in your / our readings, and even when trying to manipulate the reading a little to get what we want it never works out that way for us. Embrace the runes you get in your readings as they are coming up for a reason. Life is a series of battles and mysteries with smidgens of love and laughter!

*Hail the Aesir
Hail Our Folk
Hail my WAU Sisters
Drink in the knowledge laid out before you
All you need to know is right before you
Listen and Act!*

Evelyn, The **WAU** Sisterhood



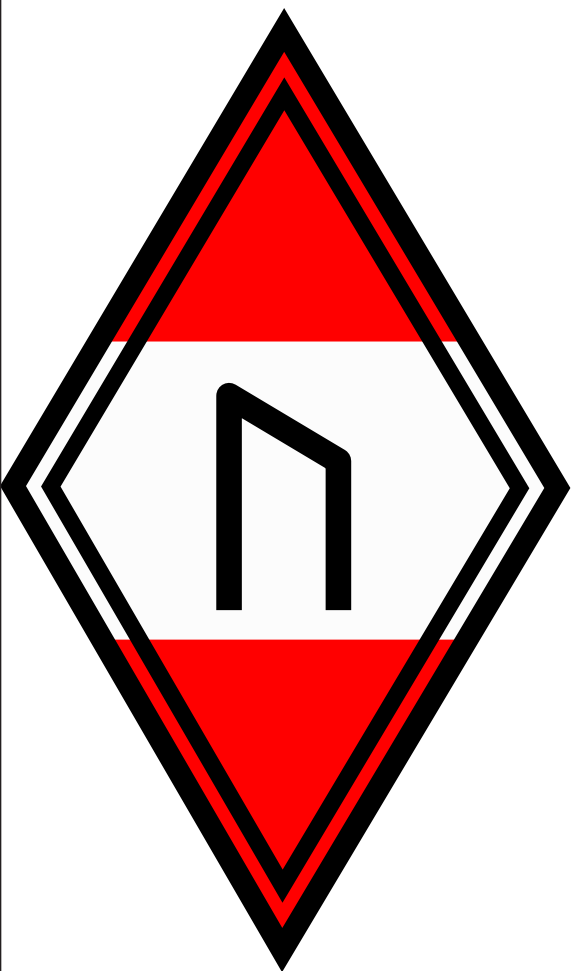
Fehu	04
Uruz	05
Thurisaz	06
Ansuz	07
Raido	08
Kenaz	09
Gebo	10
Wunjo	11
Hagalaz	12
Nauthiz	13
Isa	14
Jera	15
Eihawz	16
Pertho	17
Algiz	18
Sowilo	19
Tiwaz	20
Berkana	21
Ehwaz	22
Mannaz	23
Laguz	24
Inguz	25
Dagaz	26
Othala	27



Fehu

Represents
wealth, cattle,
abundance, in older
societies and I guess
in some places still to-
day, having cattle or
similar stock means
that you have some
kind of wealth and
shows you are able to
provide for your
family.

It represents the letter F!

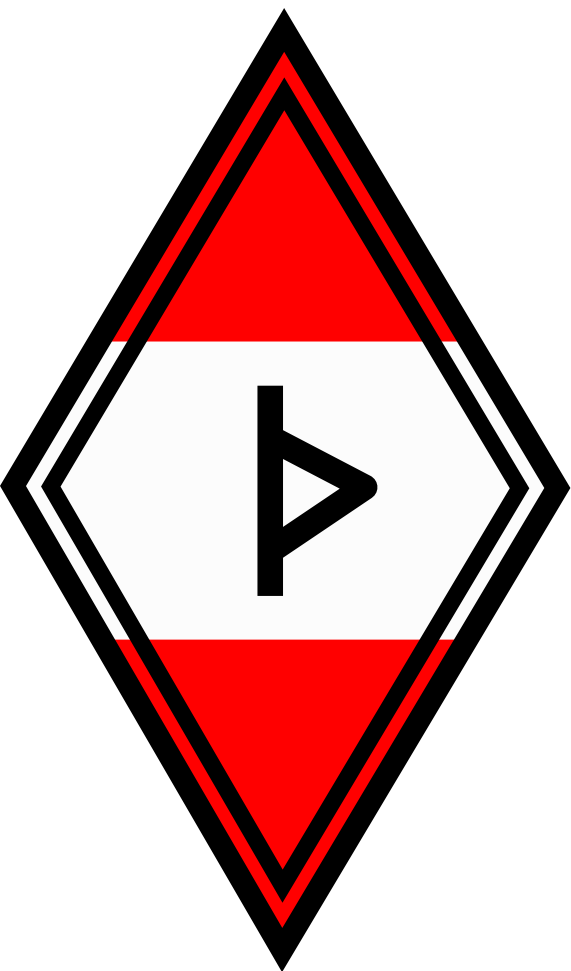


Uruz

Is usually seen as a symbol for strength, power and primal force. It can also mean renewal, as in out with the old and in with the new. The aurochs where a wild ox, if you look at the rune and then imagine an auroch coming towards you, to confront you, its head would be down and its horns

would form the Uruz rune. This rune is all about primal urges, strength, courage and raw power. I love the primordial force of this rune.

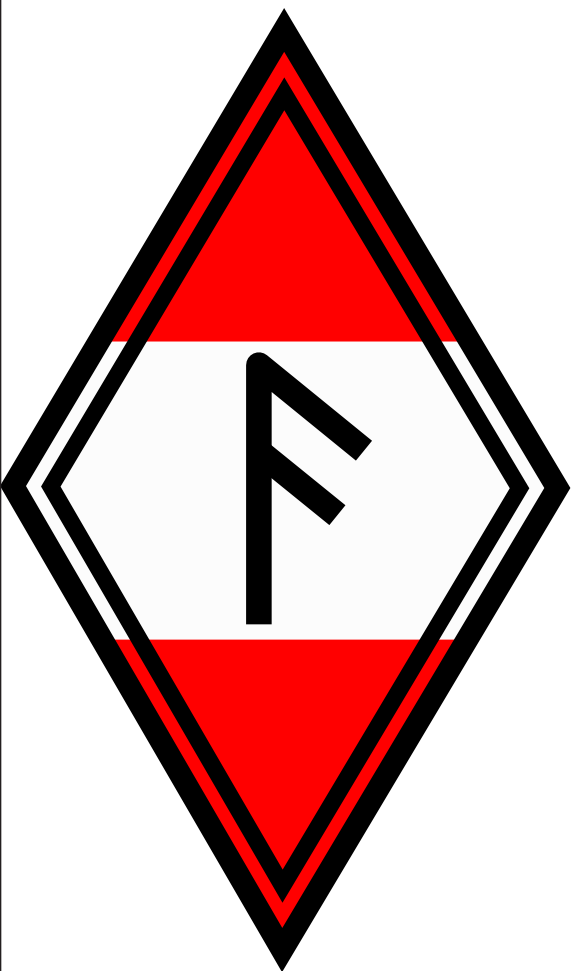
It represents the letter U!



Thurisaz

Look at the rune and imagine a thorn from a rose bush, a defense against enemies, security, a rune of protection and repelling; a thorn also attacks and draws blood. This was the first rune I ever had tattooed on me, and it was purely done for its protection capabilities!

It represents the letters TH!



Ansuz

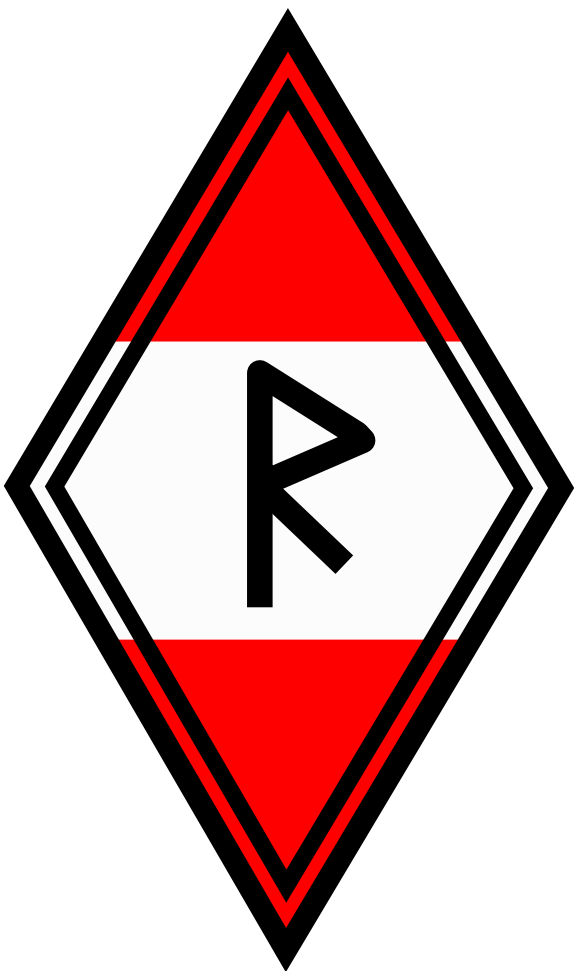
This rune always makes me think of Odin, Ansuz signifies Ash, Yggdrasil, The World Tree.

The Asa-Gods, The Aesir. Divine

inspiration. It's a rune of intelligence; harmony, truth and wisdom, it reminds me of how little I know. It's almost a cosmic intelligence, beyond most of our

understanding. It's also articulate and cunning.

It represents the letter A!

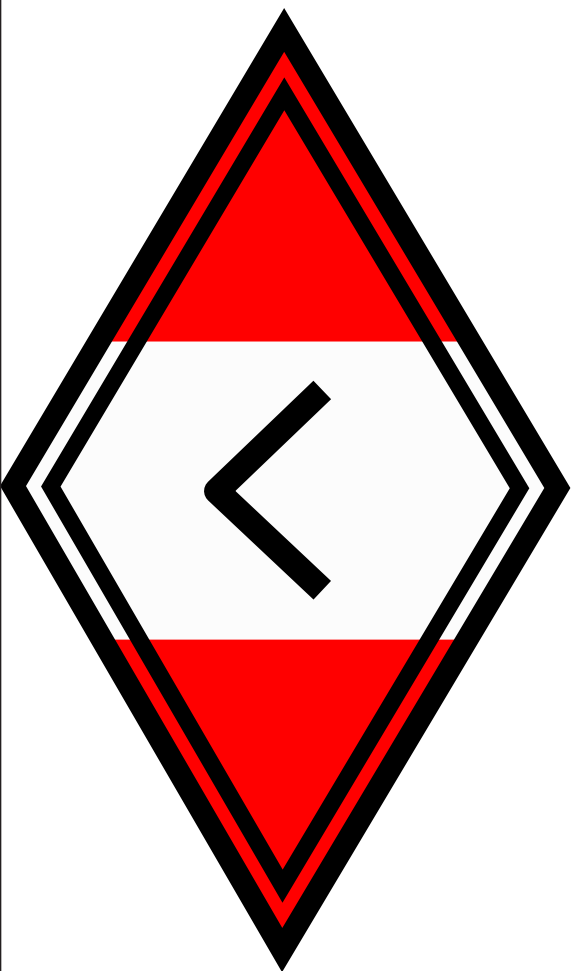


Raido

This is a Rune I always have with me when I travel; we put this over the door of our new home which in a way is also traveling to a new life. Your journey in life can also be one towards spiritual enlightenment.

Seeing the larger picture, using perspective.

It represents the letter R!



Kenaz

Do you ken? Or do you know? This is a rune of knowledge, but it's a torch of knowledge, it lights up the path of where we should be going, transformation and regeneration.

If I am given this rune, I open up my mind; I know I will be flooded with truth, embrace the creative force.

It represents the letter K!

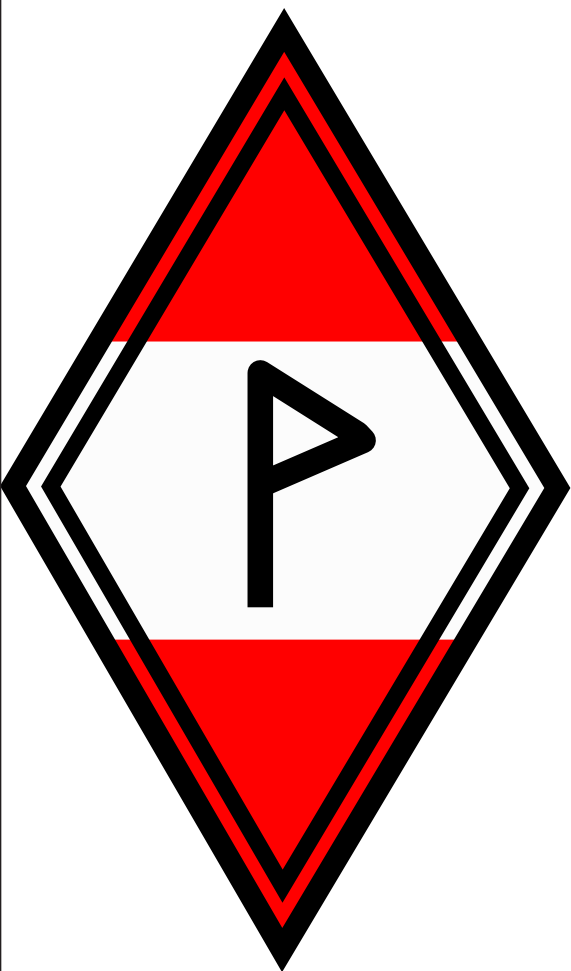


Gebo

One of the most powerful gifts we receive is the gift of friendship, love or partnership.

If we treat friends with love, respect and honour we will have these friends always! Everything in balance, life and love!

It represents the letter G!



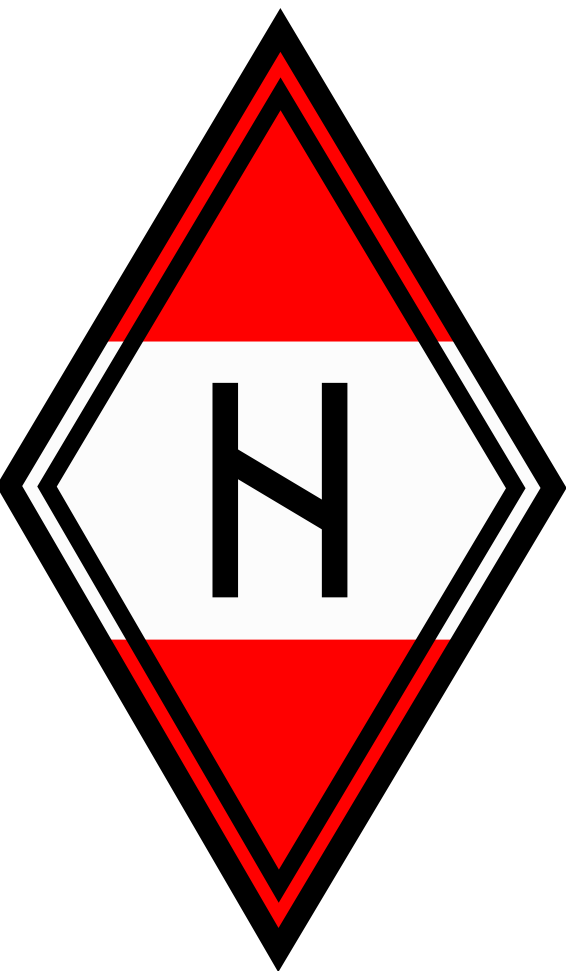
Wunjo

This is my “oh” rune, when I receive it, I just feel a pulse of joy. This rune is associated with the Goddess Freyja, the goddess of love.

It can mean positive change. It reveals in harmony and personal reward and who doesn't want that?

You cannot ask for a better Rune to show up in a reading.

It represents the letter V or W!

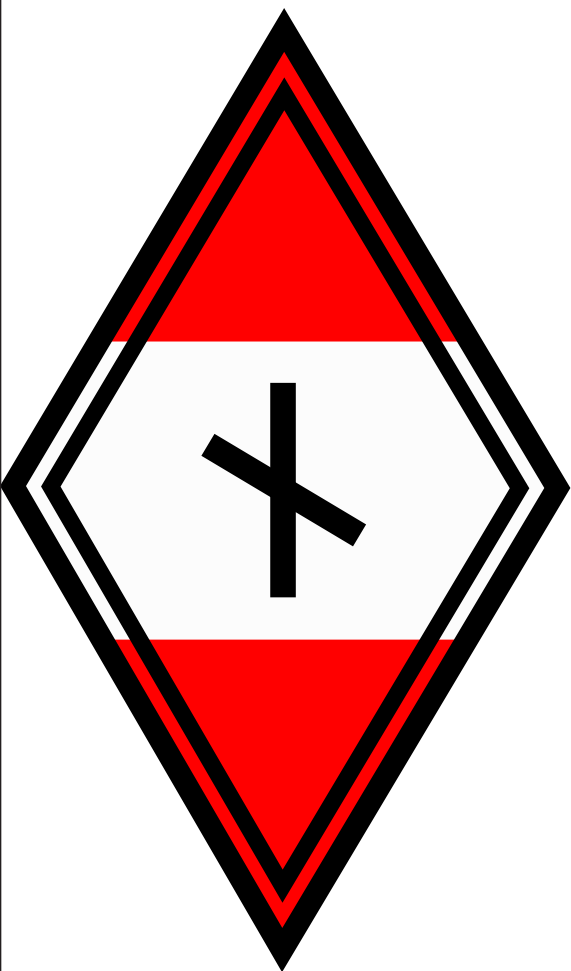


Hagalaz

A rune I am in awe of, it's a rune of destruction. I just love the power you can feel with this rune; even saying its name is powerful. It is a rune of hail, think of yourself on your farm, think of the destruction hail would bring, crops would die, and you would have nothing to feed yourself, your family or the animals with over the long winter. Many would not survive the damage and the repercussions of hail.

It's a destructive natural force, and for me, that is something to be in awe of. It reminds us that everything must end, so that new life can begin. Although survival of the repercussions of hail is demanding, it can be a cleansing experience, at some level.

It represents the letter H!

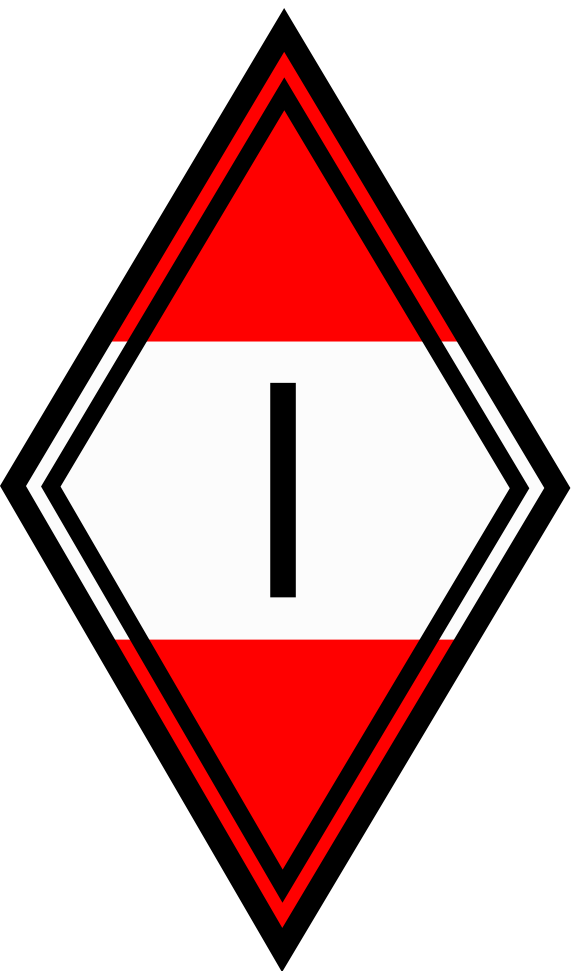


Nauthiz

When I have received this rune it kind of jolts me. It is the Rune of need, the idea of binding and constraint, I think, “is that what is needed?” Sometimes It is the when it comes up I think it’s making me ask, “Is this need or a want?” Am I or whoever I am reading for, being honest regarding their true objectives. “Distress, confusion, conflict” sometimes I think it comes up when I am almost manipulating a reading, trying to find

out what the person wants the reading to say, when really my instincts and the runes are telling me different. It kind of slaps me in the face at times.

It represents the letter N!

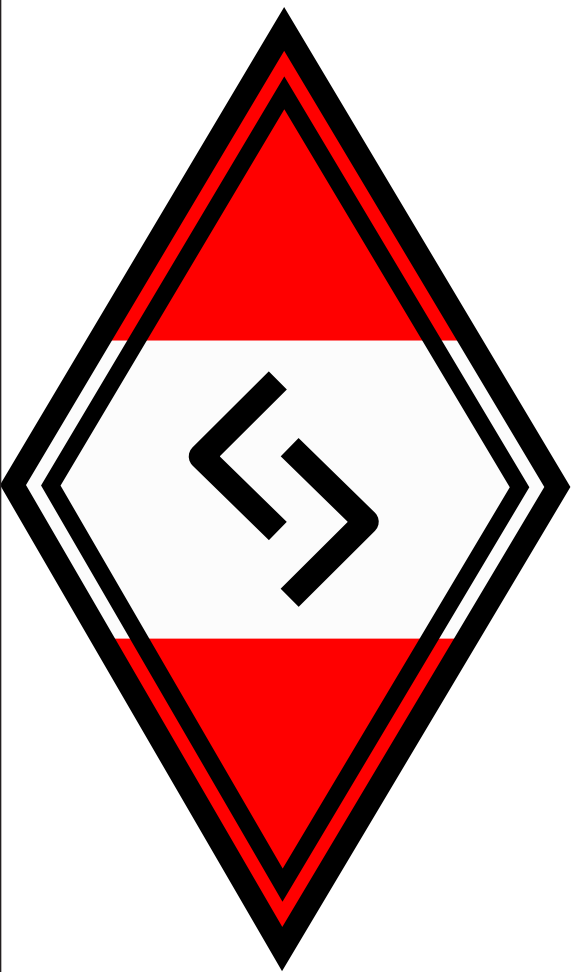


Ise

Ice, frozen, stop, take time, leave it until it thaws, put that idea on hold, do not change, or make decisions you are unsure about. This is the rune I always advise people to meditate on when facing a tough decision, where your heart usually overrules your brain! Stand still and take time to

turn inward and wait for what is to come, or to seek clarity on your situation.

It represents the letter I!



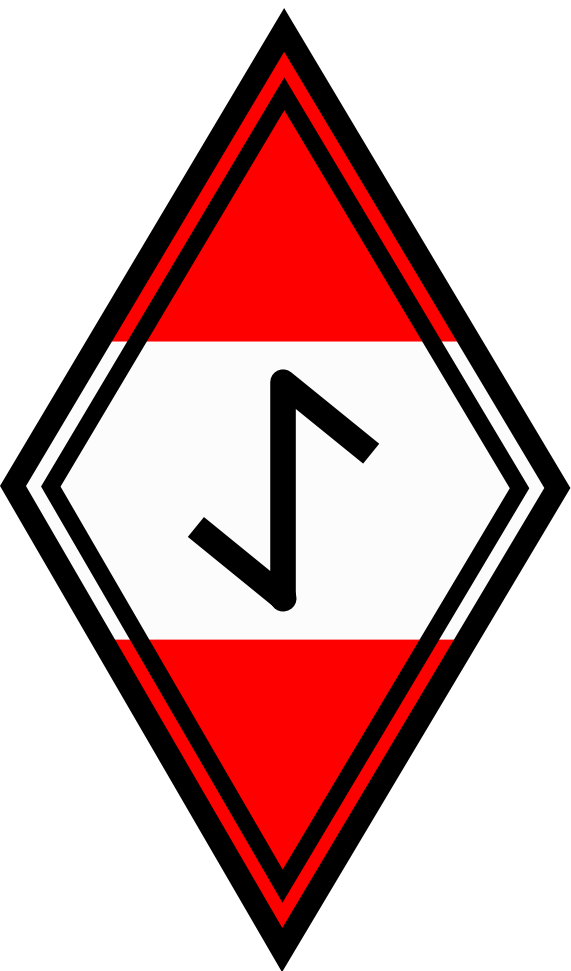
Jera

Oh I love this rune it is related to autumn the season of harvesting and plenty, it will take time to harvest, but it will occur.

And for something to harvest, it has to be fertilized first, so it's also a sexual rune, you know that old saying about ploughing the fields,

sowing the seeds, they have an agricultural, an intellectual and a sexual meaning.

It represents the letter J or Y.

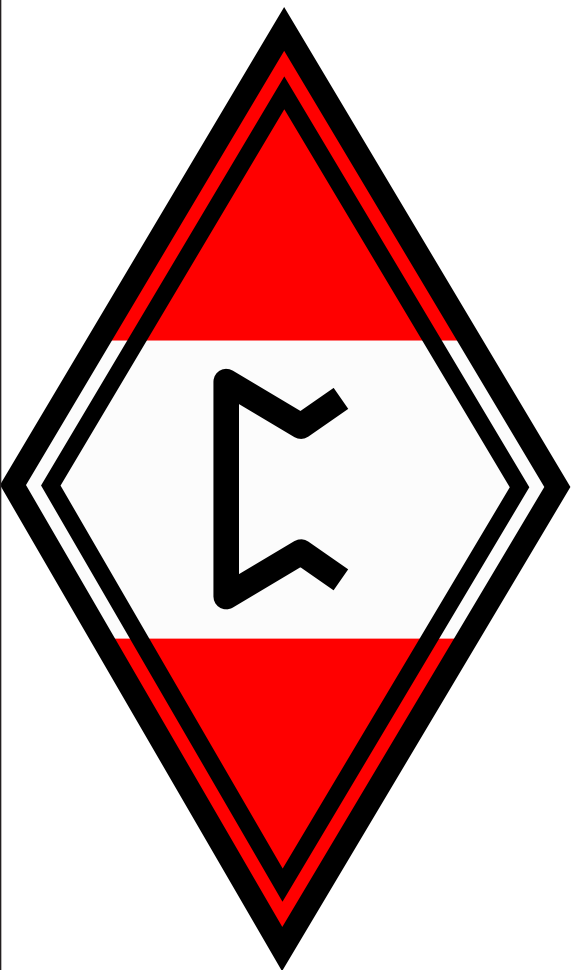


Eihawz

Reliability and Trust! It took me a long time to get this rune. It relates to the Yew tree, a tree that has been long used to make items such as bows and magical implements such as wands. For me, it's a direction of power, saying yes, this is good, it is powerful and there is magic about it, go ahead and do it, the forces are behind you, supporting you and directing this action. It is primeval forceful rune and I did not understand this rune

until Uller showed himself to me as a hunter.

It represents the letters EI

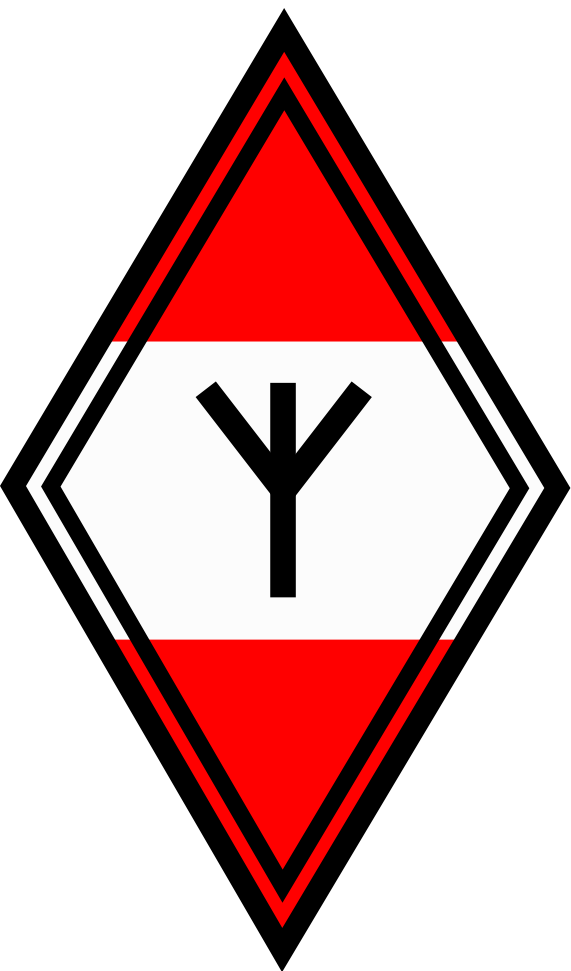


Pertho

Oh I love this rune as well, live in the moment! It is a purse, it is hidden, it is a womb, it is female knowledge, it is also a bit of a back off rune, sometimes, when you pick it up, it's like back off, this is hidden from you and you are not supposed to know it, you are not a wise woman yet. It is secretive, the secret knowledge of women. Also, it is the All-Mothers rune, other times when it appears, Frigga is saying, I will protect this, and I

will mother this with all the guile of my womanhood. You will know if it's a back off or this is a secret or a rune of motherhood and calm nurturing the moment you pick it up.

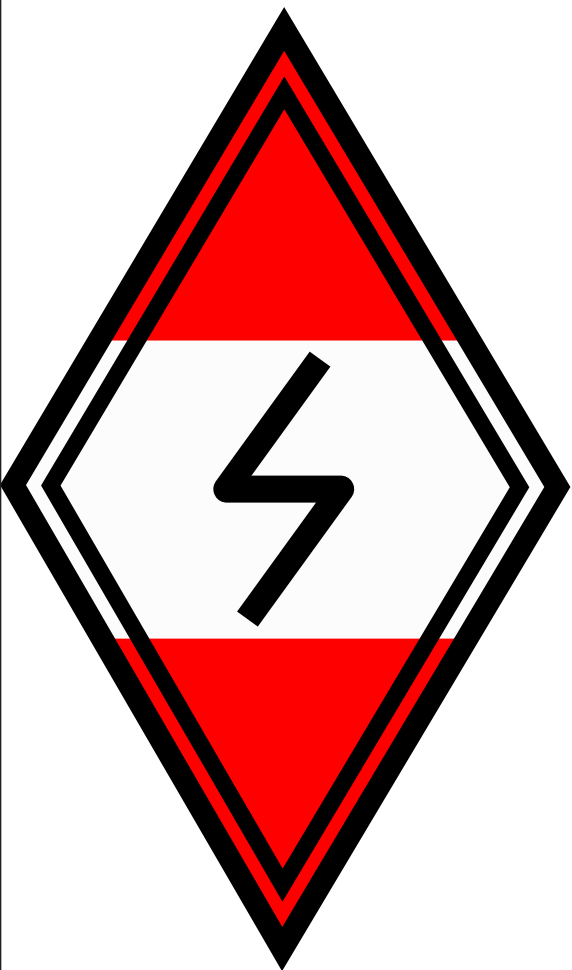
It represents the letter P!



Algiz

I am always so happy to be given this rune. I just think Life & Sacredness when I pick it up, The warding off of evil. I also have Algiz tattooed on my leg! It is a connection to a higher life, protection from an unseen danger. Tap into your higher spiritual awareness it is there!

It represents the letter Z or R!



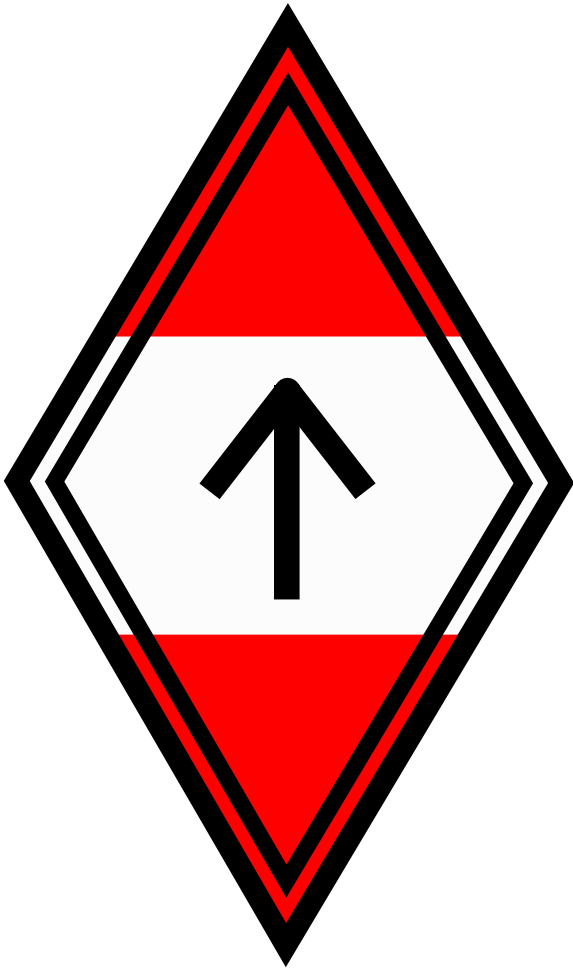
Sowilo

Sowilo signifies the sun and is also the rune of light, fire, happiness, it makes me think of the sun shining, giving its blessing, but this rune has a force, you know when the sun shines in your eyes, and it has got that unrelenting power, a momentum behind it, a new power will be available to you

for positive changes in your life, victory when facing adversities, health scares, and success. It is a great all around Rune.

It represents the letter S!

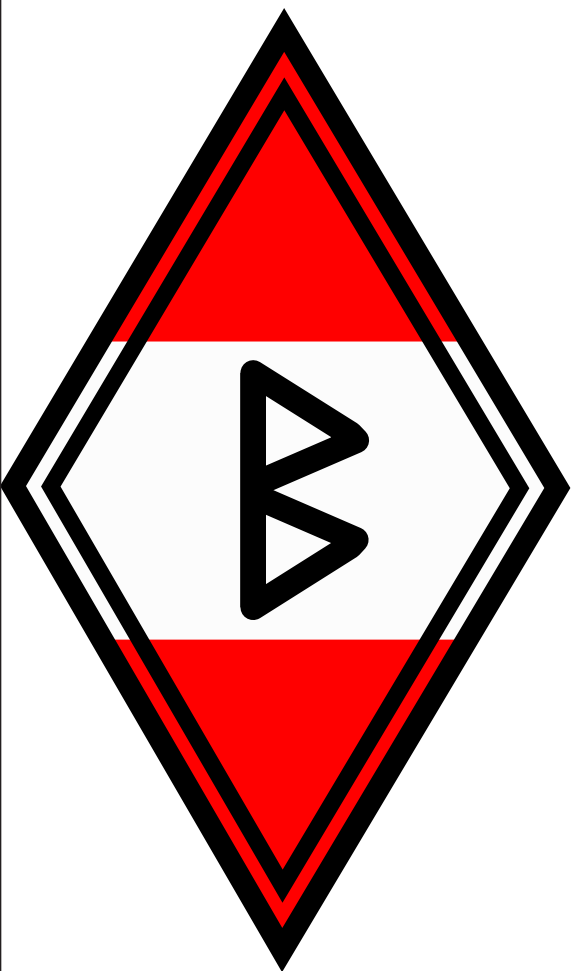
Tiwaz



Tiwaz signifies Warrior, and is associated with the God Tyr. It is a rune of judgment, wisdom and outcome. Most folk believe it is positive, but sometimes I feel oh here we go when I receive this rune, sometimes we are not always ready to acknowledge the battle looming ahead in order to

gain a much needed victory, be it a legal battle or work! I always have to say Victory, Victory, Victory over and over when I get this Rune!

It represents the letter T!

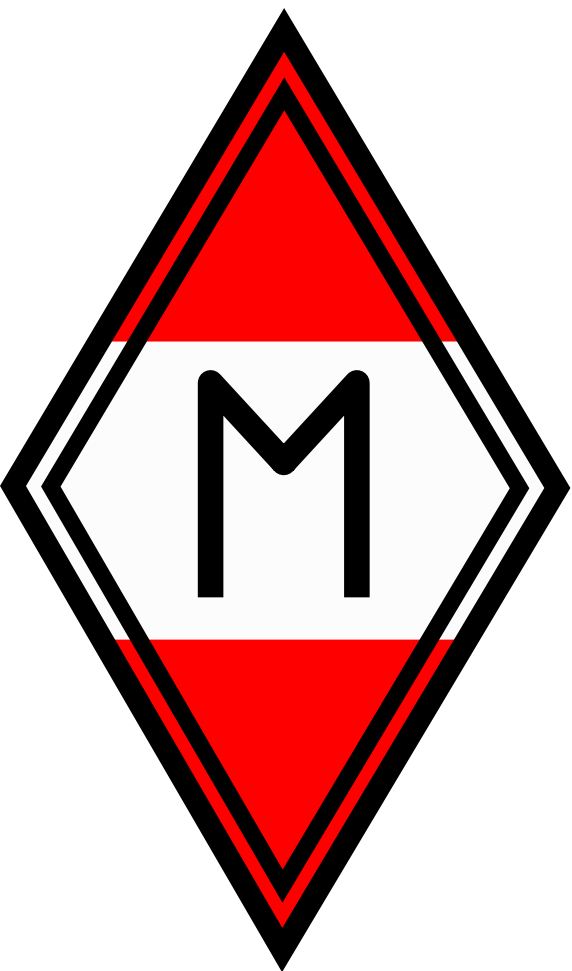


Berkana

It symbolizes new birth, once again another rune i love. Feminine knowledge, power, understanding, feminine fertility and birth. It makes me think of midwives, who historically have been wise women. We as modern day women have to wear many different hats, mother, teacher, wife,

cook, warrior the list is endless, and we have many responsibilities, new beginnings, new growth, birth and children and the cycle continues!

This represents the letter B!

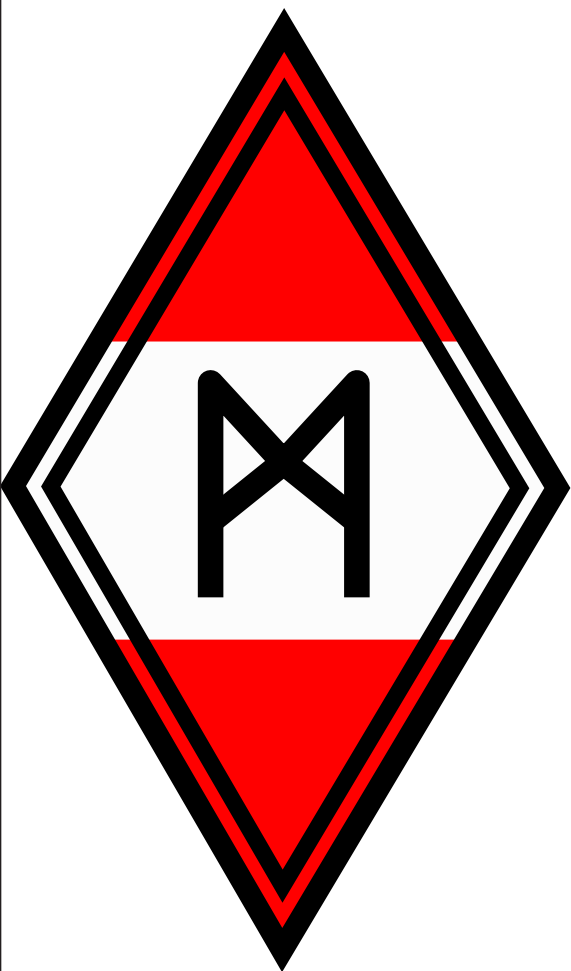


Ehwaz

It symbolises a wonderful spiritual journey, travel or a change in career or home. This is the rune of horses, movement, moving forward with force. Sometimes a little unpredictable, like a horse, but we should focus on movement and change for the better when we get this rune! Some-

times change is gradual but the key is to always keep on moving forward.

This represents the letter E!

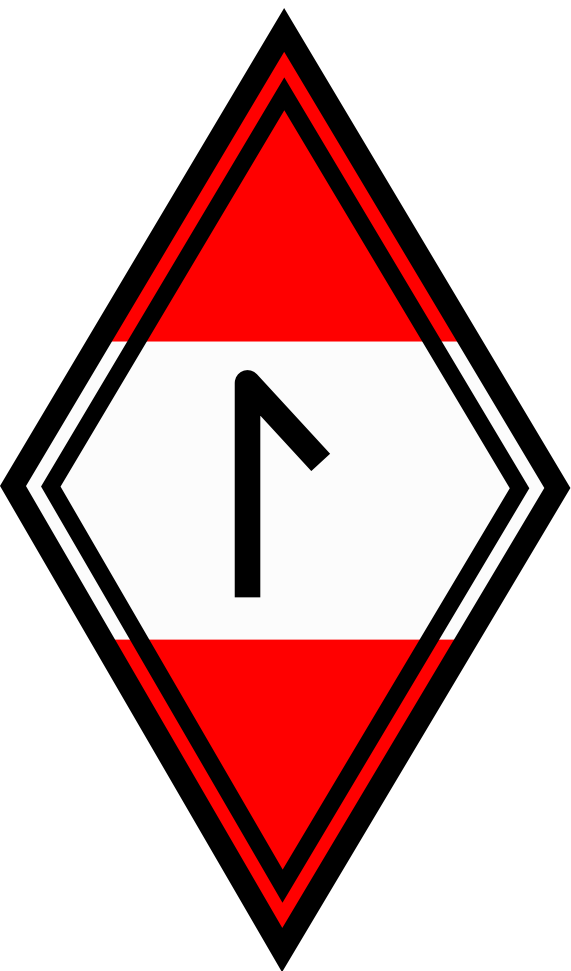


Mannaz

Relates to mankind, but it is not always masculine. It is not a rune I have worked with a lot, it does not often crop up for me in a reading. I do have it tattooed on my leg as it represents the M in a name I have written, a person who gave me much knowledge and strength to do what I needed to do

without guilt or fear! So for me I grasp at the intelligence and structure element of this rune.

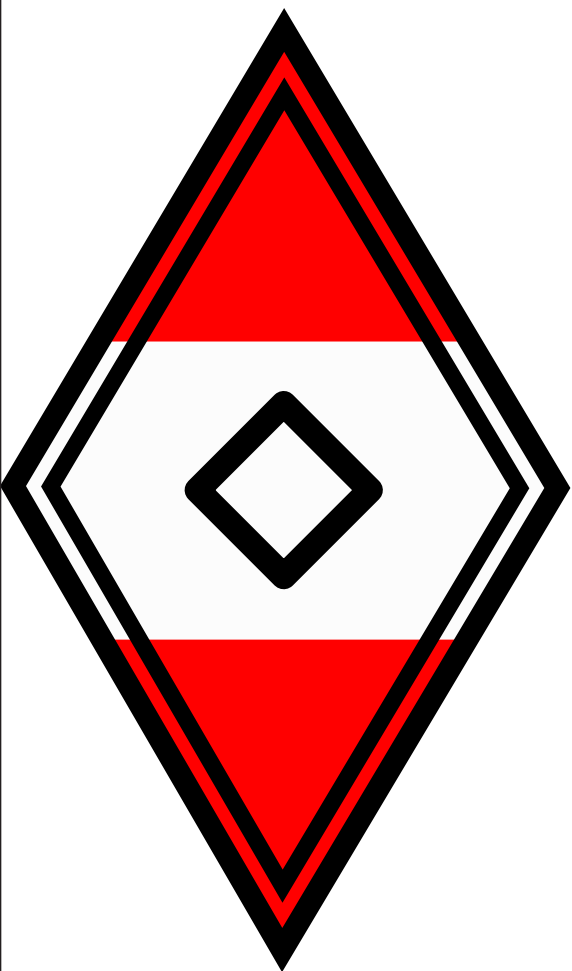
It represents the letter M!



Laguz

Oh I like this rune a lot; it represents a woman's understanding and psychic matters for me. If you get a flood of warmth when you hold this rune, it is very positive. I think of flowing water, fertility, fluid movement, life, energy and growth! It is also a great rune for using in astral projection!

It represents the letter L!

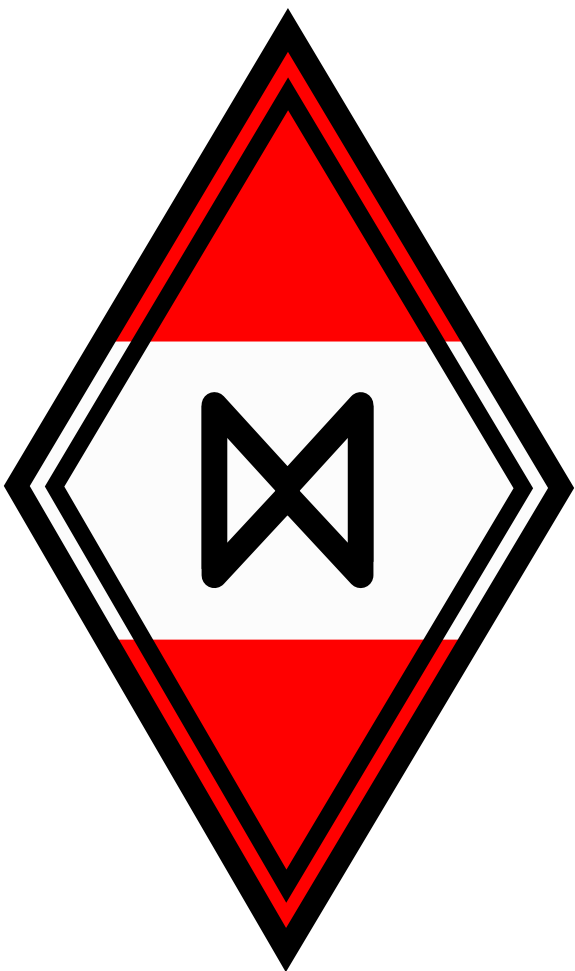


Inguz

Sex and fertility, need I say more, it is a great rune. For me, it always brings Freya to mind although a masculine fertility rune that actually represent Frey. Only yesterday when looking at a photo someone had put up of a trip you could clearly see this rune illuminated on a building, the person

had not seen it before and then remarked after I pointed it out that was all he could now see! This rune represents all that is good, love, warmth, common sense, home, caring, listening to your inner self.

It represents the letters NG!



Dagaz

It's time to focus and find a balance between light and dark, it makes me think, this will occur sooner rather than later. Awareness, breakthroughs, daylight and clarity, a paradigm shift. When I am in a particularly dark place in my life this is the rune I look to. Once you overcome that

darkness daylight comes, now is the time to embark on something new, embrace the clarity!

This represents the letter D!



Othala

Inheritance, our people, our homes, and our homeland. Othala is the “inherited” wealth that comes from ones’ ancestors through their customs and ways of life. Traditions that are passed on from generation to generation. One’s true wealth is what you have learned and passed on from

those before you! This rune may be worked with to protect, increase, or establish a heritage / tradition intended for future generations.

This represents the letter O!



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